Holistic Supports Activity

Learner Profile (Community College)

**Daniel**, a 20-year-old juggling pre-med aspirations with late-night shifts at the diner, embodies the struggles of many community college students. While driven by a desire to become a doctor, his path is riddled with obstacles.

Financial burdens weigh heavily. Working full-time leaves him exhausted, stealing precious study hours and impacting his focus in class. Skipping meals to save on costs adds another layer of stress. Doubts creep in, fueled by comparisons to peers with seemingly endless resources.

Beyond finances, academic hurdles loom. Balancing work with a demanding course load leaves him feeling stretched thin. His high school preparation wasn't ideal, and foundational gaps can be frustrating. Fear of judgment keeps him from seeking help, further isolating him.

Despite the challenges, Daniel possesses sparks of resilience. His passion for medicine shines through late-night anatomy lectures, fueled by coffee and sheer determination. He's a natural problem-solver, often tutoring peers, finding solace in sharing his knowledge.

A flicker of hope lies in the community college itself. Smaller class sizes offer opportunities for individual attention, and Daniel yearns to connect with others.

Daniel's story reflects the complexities of the community college experience. With the right support system and access to resources, he can overcome his challenges and turn his dreams into reality.

Instructions

Imagine you are an advisor for the learner in the profile. Create a list of potential barriers that may exist and some holistic supports to address them.

*Potential Barriers*

*Holistic Supports*